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| 1. "Intro-Expansions" - Osmyso (5:19)                                    | 16. "Show Me Your Heart" - Need New Body                           |
| 2. "Twiggy Twiggy (Twiggy VS. James Bond)" (4:06)                        |  |
| - Pizzicato Five (4:03)  | 17. "Renegades" - Curse Ov Dialect (3:26)                          |
| 3. "Harmony Joy Bus Ride" - Wesley Willis (2:52)                         | 18. "Our First Singer" - DJ n-wee (Jay-Z VS. Pavement) (3:35)      |
| 4. "Joyride" - Built to Spill (3:37)                                     | 19. "Sasquatch" - Radioinactive (2:36)                             |
| 5. "57.5 Bars" - Call Florence Pow (1:41)                                | 20. "The Stars and Stripes Forever" - Matmos (2:07)                |
| 6. "Drums" - The Pants (2:21)  | 21. "Lucky Like St. Sebastian" - Momus (3:12)                      |
| 7. "Radio Fodder" - Cloud Cult (2:13)                                    | 22. "Grass Snake" - I Start Counting (2:45)                        |
| 8. "Neely" - Air Miami (1:55)  | 23. "Mr. Rattlesnake" - Julian, Aaron, and Nathan (0:37)           |
| 9. "If I Had a Cop Show" - Tim Fite (0:45)                               | 24. "Cockroach" - Sleepytime Gorilla Museum (2:12)                 |
| 10. "Who's a Big Baby?" - The White Stripes (3:21)                       | 25. "Blood in Transit...After Dinner Mints" - Fun'da'mental (2:05) |
| 11. "Power Ballad for Ozzy Osbourne" - Rheostatics (3:39)                | 26. "F Power (Accapella)" - AKA (2:02)                             |
| 12. "United Nations" - Bobby Conn (2:48)                                 | 27. "Alixia" - Chinese Ensemble of Yunnan (3:43)                   |
| 13. "Put Your Hand Inside the Puppet Head" - They Might Be Giants (2:12) | 28. "Timebomb Dub" - Meat Beat Manifesto (3:23)                    |
| 14. "Apricot" - Sven Vath (3:32)   |  |
| 15. "Rabies (Baby's Got The)" - Six Finger Satellite (3:26)              |  |
- Total Time: 79 min. 28 sec.

# CAPTAIN INSANO PRESENTS:

FOUR SCORE AND  
28 NOVELTIES  
AGO...

NOVELTY MUSIC  
COMPILATION #4



This momentous fourth installment of DJ Poseur's novelty series is brought to you by his freaktastic alter-ego, Captain Insano, intergalactic and dimensional patroller of the wackosphere. Its contents examine what it takes to be a "popular" song, the creative process, various animals, heroes and martyrs, diseases, violence, international geopolitics, and farts. So strap in, cadets, you're in for the musical ride of an I-have-no-life-time!